

LINCOLN EAST HIGH SCHOOL EXPECTATIONS FOR STUDENT-ATHLETES

Lincoln East High School looks at athletic participation as a privilege which must be earned by scholarship in the classroom and adhering to high standards of conduct and behavior which bring credit to the team, school, and family. The Athletic Control Board shall be comprised of the athletic director, the head coach of the sport at the time of the violation and the associate principal for student activities.

I. PHILOSOPHICAL BELIEFS. The purpose of this policy is:

- A. To encourage student-athletes to make a strong commitment to academics and athletic performance;
- B. To encourage student-athletes to conduct themselves in a manner which brings credit to themselves, Lincoln East High School, their family, and community;
- C. To promote the development of self-discipline and high academic-athletic expectations.

II. ACADEMIC STANDARDS. The following guidelines must be met in order for a student to remain eligible for athletic competition:

- A. East High's standard requires student-athletes to enroll in a minimum of twenty-five (25) credit hours per semester (semester of competition and the preceding semester).
Exception: A second semester senior who is already "on line" to graduate, may take just twenty (20) hours credit *during second semester* with athletic department approval.
- B. Student-athletes must have passed a minimum of twenty (20) hours the preceding semester as per NSAA. No waivers of this rule will be allowed at any level.
- C. Grades will be checked at each mid-quarter, quarter and semester.
- D. A student with a grade of Failing (F), unsatisfactory (U), or incomplete (I) (or combination of the three) at the reporting times, will have 7 calendar days to get his/her grade to passing or meet the expectations of progress set by the individual teacher. If the deadline is not met, he/she will be suspended from all athletic competitions until a written note certifying improvement is turned into the athletic director or assistant.
- E. In order to remain on an athletic team, a student failing or receiving incomplete or unsatisfactory grades will be required to attend L.E.A.D. (Lincoln East Academic Development) until the academic requirement is met.

A standard form will be available to all coaches to go to all teachers with timelines for return included.

ATTENDANCE GUIDELINES: A student-athlete is to be in attendance for ALL scheduled class periods in order to participate in a practice or contest that day. Exception: medical appointments, school/activity business, and prearranged approved absences will be allowed.

EAST HIGH ATHLETIC CODE OF CONDUCT:

Student-athletes may ***not***:

1. Possess or use tobacco products.

2. Use, possess, consume, dispense or be under the influence of alcoholic beverages.
3. Use, possess, consume, dispense or be under the influence of any illegal drug not prescribed by a physician or available over the counter.

Note: The term "under the influence" for purposes of this athletic code of conduct has a less strict meaning than it does under criminal law. For these purposes, the term means any level of impairment and includes even the odor of alcohol on the breath or person of a student. Also, it includes being impaired by reason of the abuse of any material used as a stimulant. In addition, "possession" of alcohol or drugs will be considered to have occurred for purposes of this athletic code of conduct if the Student/Athlete is in such close proximity to alcohol or drugs (for example, a student being in a car where alcohol is in the back seat and no adults are present in the car) or to others who are consuming alcohol or drugs (for example, being at a student party at which other students are drinking) that school officials may reasonably determine that the student was in "possession" of the items as well.

Consequences for violations:

1st offense: student-athlete will be suspended from participation in athletic contests for a period of 14 consecutive days of their athletic participation season. A coach may or may not require attendance in practice during this suspension. An automatic SCIP referral will be made. If the infraction occurs outside of the season or with less than 14 days left in the season and the athlete participates in another sport, the balance of the days will be enforced starting the first week of competition for that athlete in the sport in which the violator participates. This may carry over into the next school year.

2nd offense: student-athlete will be suspended as above, this time for 28 calendar days with the balance of the days carrying over to their next season of participation.

3rd offense: student-athlete will be suspended from athletic participation for the remainder of the current school year.

Suspension Period:

The first day of an athlete's suspension begins and includes the day that he/she is informed of the consequences by a member of administration.

Enforcement Period for the Athletic Code of Conduct:

The rules apply to conduct which occurs at any time during the school year and also includes the time frame which begins with the official starting day of the fall sport season as defined by the first allowable NSAA Practice date in the Fall and the last day of school in the spring of that year. First Offense, Second Offense, and Third Offense violations accumulate throughout the subsequent sports seasons and the student/athlete's athletic career at Lincoln East High School, which means that a violation during a student's first year as a member of a Lincoln East High School athletic program, will count as that student's first violation during the remaining years of enrollment at Lincoln East High School. Someone with violations in a single school year does not get to start with a "clean slate" the following year. A meeting with the Athletic Control Board, athlete, coach and parents will be required before any future athletic participation is considered as an East student.

**These are minimal and suggested sanctions. Sanctions may be increased if the Principal, Athletic Director, Assistant Athletic Director or head coach deems that more severe sanctions are appropriate or necessary.*

**Suspensions for academics and/or code of conduct violations will be served consecutively. A student-athlete will not participate in practices or contests while serving out-of-school suspensions of any kind and may not be allowed to participate in the event of in-school suspension.*

*Student-athletes cited for theft, assault, or other illegal activity, may be subject to suspension or dismissed from a squad

Procedures:

The following procedures will be followed with regard to an athletic suspension:

- 1. The Athletic Administration official(s) considering the suspension will make a reasonable investigation of the facts and circumstances and determine whether the suspension will help the student or other students, further school purposes, or prevent an interference with school purpose.*
- 2. Prior to commencement of the suspension, the student is to be given oral or written notice of the charges against the student. The student will be advised of what the student is accused of having done, an explanation of the evidence the school has, and be given the opportunity to explain the student's version of the facts.*

If the student is not readily available to meet with the school official for this purpose before the suspension is to begin, then the suspension may be imposed at that time so long as the opportunity for the student to hear the charges and evidence and for the student to tell his or her side of the story occurs as soon as reasonably practicable. An effort to schedule a meeting for this purpose should be made by the student and the student's parent or guardian as well. Given the fact that extracurricular activity suspension actions at times need to be taken outside the regular school day, a telephone conference may be used to give the student the opportunity to provide the student's position.

- 3. Nothing contained in this regulation shall prevent the participant, parents, guardian or representative from discussing and settling the matter with the appropriate school personnel at any stage.*

**(RETURN THIS PAGE TO THE ATHLETIC OFFICE
WITH YOUR PHYSICAL FORMS)**

I have read and understand the stated expectations and guidelines.

Student Name _____
please print

Student Signature _____

Parent Signature _____

Date _____

RELEASE APPROVAL for ACADEMIC INFORMATION

From time to time, the Lincoln East High School Athletic Department is asked for academic information pertaining to some of our student-athletes. Typically, the information requested concerns grade point average, class rank and any academic awards/recognition received by the individual. Most often, the information is used by newspapers and school publications for the purpose of recognizing excellence in both the athletic and academic arenas - (i.e. academic all-conference and all-state teams, etc.).

Please sign in the appropriate space, provided below, if you approve of the Lincoln East High School Athletic Department releasing academic information concerning your son/daughter.

(Student's Name)

(Parent/Guardian Signature)

Date: _____